

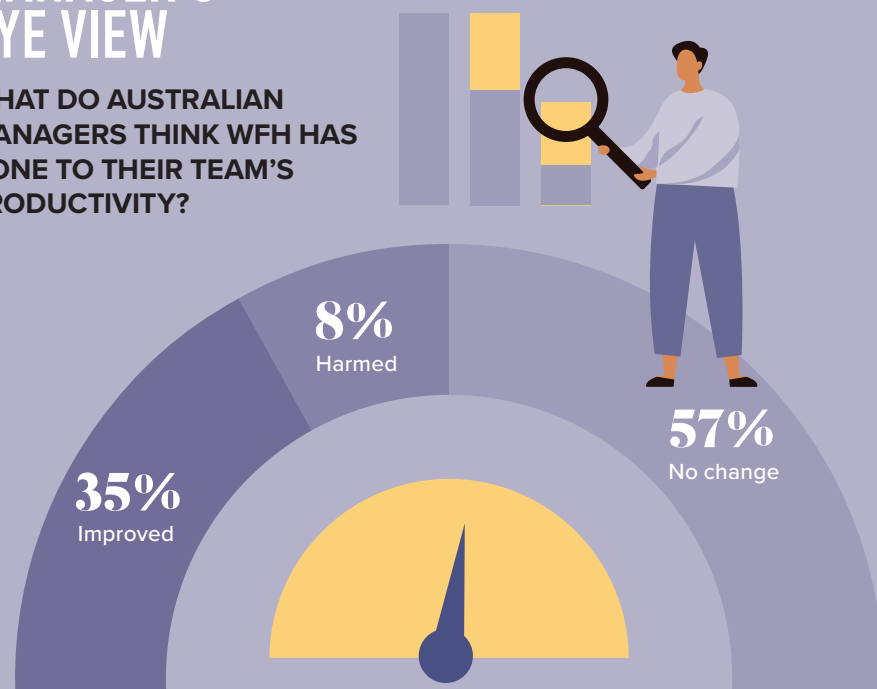
THE REALITIES OF WORKING FROM HOME

Slayer of dreaded morning commutes. Driver of an epidemic of loneliness and isolation. Productivity booster. Death knell for cities as we know them. Working from home is heralded as many things – but what does the data say?



MANAGER'S EYE VIEW

WHAT DO AUSTRALIAN MANAGERS THINK WFH HAS DONE TO THEIR TEAM'S PRODUCTIVITY?



2 in 3

PROPORTION OF AUSTRALIAN MANAGERS WHO WILL BE MORE SUPPORTIVE OF WFH IN THE FUTURE



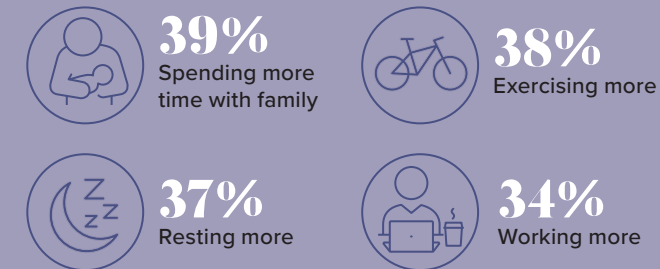
EMPLOYEE UPSIDES...



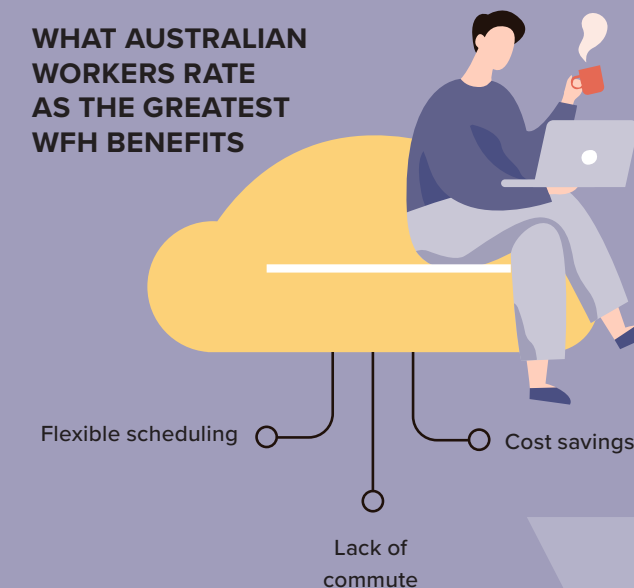
3 in 5

PROPORTION OF AUSTRALIAN WORKERS WHO SAY WFH MAKES THEM MORE PRODUCTIVE

WHAT AUSTRALIAN WORKERS ARE DOING WITH THE TIME SAVED BY NOT COMMUTING



WHAT AUSTRALIAN WORKERS RATE AS THE GREATEST WFH BENEFITS



...& DOWNSIDES

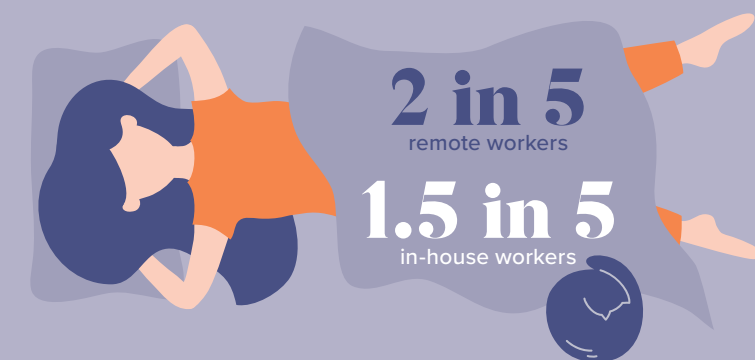
WORKERS SAY THEIR BIGGEST WFH STRUGGLES ARE



PROPORTION OF WORKERS WHO FEEL STRESS "ALWAYS OR MOST OF THE TIME"



PROPORTION OF WORKERS HAVING TROUBLE SLEEPING



Sources: With management resistance overcome, working from home may be here to stay, L Colley, S Williamson, The Conversation, 2020. Collaborating During Coronavirus: The Impact of COVID-19 on the Nature of Work, E DeFilippis, SM Impink et al. NBER Working Paper, 2020. The Remote Work Report: The Future of Work is Remote. Gitlab. 2020.